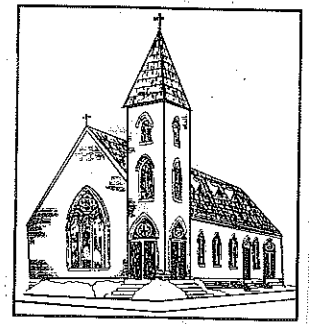




Blessings and Musings

The Lutheran Church of Our Blessed Savior

MARCH, 2023



Pastor:
Kal Rissman
765-754-7381

**Church Council
President:**
Tina Gilman

Vice President:
David Shears

Secretary:
Bethany Bennett

Treasurer:

Other Members:
Andrea Barnett
Donna Key-Kerr
Marilyn Pierce
Stephanie Salazar
Dick Zarse
Kim Zarse

Organist:
Marilyn Pierce

Church Secretary:
Marilyn Pierce
765-717-2992
9 AM - Noon
Mon. Tues. Wed.
Thurs. and Fri.

Office Phone:
765-724-3671

Email Address:
pastorkal 2015
@gmail.com

Sunday School:
9:30 A.M.

Worship:
10:30 A.M.

Printing:
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The Zarse Family

From the Pastor:

I have shared with you that I have had several medical tests in the past 2 months to try to determine why I get so short of breath upon exertion. The good news is that there does not seem to be anything wrong with my heart or the blood vessels to and from the heart. The bad news is that there seems to be some damage to my lungs. My Doctor said that he did not know if this was from long-haul covid complications or what, but he added up all the numbers from my lung tests and told me that I have the lungs of an 81 year old man. I told him, "But I'm only a 71 year old man"! He said, "Yes, I know and therein lies the problem".

This medical condition does not seem to affect me as I go about my tasks as a Lutheran minister, but it certainly does show up when I go outside to cut up wood or throw bales of hay or dig postholes. Now, when I go out to do what I refer to as "real work", I have to work for 10 or 15 minutes and then rest for 10 minutes, otherwise I am panting like an old dog lying under the porch. Dr. Berner noticed this shortness of breath a year ago when we were carrying tables and cleaning up after the church picnic. He said I should get it checked out and I finally did. It only took me a year to get around to it! That's not so bad is it?

Various people have tried to comfort me by telling me, "Well, that's what happens when you get older". But I don't really want to hear that. I still like to think of myself as young. As I told Deborah, "That's why they call me Young Kal". Deborah responded that I was the only one who called myself that. I told her that my buddies Bruce and Al call me that and she said that we were all delusional.

We have two old congregations and most of the people in these churches have some kind of medical problem or challenge if you talk to them long enough. It is hard for us to acknowledge and accept the limitations that we have as we get older. Most of us like to view ourselves as being quite a bit younger than we actually are and we would like to think that we can do all of the same things that we used to do, but that's not true.

For example, Deborah suggested that maybe we should get one of those walk-in bathtubs and I responded that it would be a cold day in Hades before I couldn't lift my leg a foot and a half to step into that tub!

But I did notice last week that I was thinking about driving in to church at night for choir practice and the thought ran through my mind that I was glad that I didn't have to drive that much at night. Now why would I even think about that? When I was a young buck I would jump in the car and drive all night from Ft.

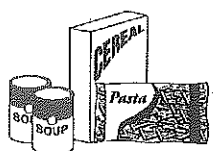
Wayne to Minnesota or St. Louis to Minnesota and think nothing of it. Who cares if it is nighttime? That's what lights on the car are for!

I have noticed that I tend to turn on the house lights at night more often when I wake up in the middle of the night and head to the bathroom or the kitchen. I never used to do that either, but would stride purposefully through the house in the dark.

I have tried not to notice that I sometimes have to double clutch my brain to remember people's names and I used to have a pretty good memory for names. Sometimes if I wait a few minutes, the name will drop down into my mind and that makes me feel better.

I have noticed that I am growing hair in places that I really don't need it, like my ears and my nose and losing it in other places that I would really like to have hair. What is up with that? Just because my hair is now platinum blonde instead of brown doesn't mean anything does it?

All of these things and more are starting to register with me. So, my Doctor may tell me that my lungs are of an 81 year old man, but thank the Lord, the rest of me is still so young!



ITEMS OFTEN NEEDED FOR PETE'S PANTRY MARCH

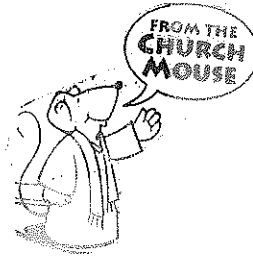
Cookie Mixes	Pudding Mixes
Soups	Baked Beans
Mustard, Ketchup or Mayonnaise	
Grape Jelly	Crackers
Canned Chicken	Canned Tuna
Other canned Meats	Cereal
Bread/Buns	Pastas
Fruit - can peaches, pineapple, mandarin oranges, applesauce, and mixed fruit	
Personal Care Items	
Rice - 1 pound bag, white or brown	
Shampoo, Conditioner, Body Wash, Bar Soap, and Deodorant	

******PETE'S PANTRY CAN BUY MEAT
FOR \$.19 A POUND AND MANY
TYPES OF DAIRY ITEMS COST \$.10 A
POUND. MONEY DONATIONS ARE
ALWAYS WELCOME TO HELP THE
PANTRY.**



*Remember
These Folks*

Members who need our prayers.
Bob Fletcher, Connie Knigga, Willodene
Herrick, Richard Howard, Ralph Grose,
and Dean Morehead. The Social
Ministries Committee sends cards each
month to Nursing home members and
those who are sick. If you know of
anyone that is sick please contact
Marilyn in the church office.



We five little Lutheran Church
mice love to hear when the church is
having a dinner. We have fun eating all
the crumbs. The Souper Bowl of
Caring luncheon had really good things
to eat and was delicious. We five mice
really got stuffed. We say thank you to
everyone that brought food. It was
really good to be together for some
wonderful fellowship. The Ladies did a
great job.

The other day we mice were
sleeping and bang, the organ woke us
up. We knew it was too early for
Marilyn to practice; she would be in the
church office. What in the world was
going on? We saw there was a man
sitting on the organ bench going over
the organ and he was from The Allen
Organ Company. That explained
everything to the Lutheran mice. You
never know what is going to happen at
the church each week. This church can
really get very busy doing God's work
with His people.

**Squeeky,
The Lutheran Church Mouse**

TREASURER'S REPORT

**ACCOUNTABILITY, INC.
BOOKKEEPING & TAX SERVICE
JANUARY 2023**

Income for January
\$ 12,002.00
Income Year to Date
\$ 12,002.00
Expenses for January
\$ 10,358.59
Expenses Year to Date
\$ 10,358.59
Net Income for January
\$ 1,643.46
Loss Year to Date
\$ 1,643.46



DEATH

Sarah Hall

Died: January 20, 2023

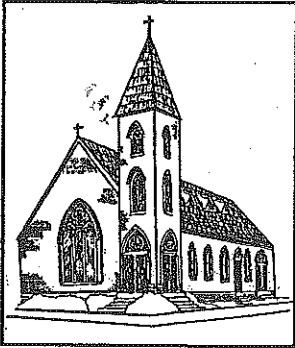
Buried: January 26, 2023

Love recognizes the effort

A minister was busy in his study preparing his
sermon for the coming Sunday. He reached for a
book and then remembered that he had left it down-
stairs. He called his little daughter and explained
carefully where she could find the book. She went
gladly, returning in a moment with a book that he
saw was the wrong one. He hardly looked at the
book but kissed his daughter and said, "Thank you,
darling." When she had gone, feeling happy and
contented, he went quietly for the book he needed.

MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 9:30 am S.S. & B.C. 10:30 am Worship	6 9:00 am Office 9:30 am Pantry	7. 9:00 am Office	8 9 am Office 4:30pm Warehouse open	9 9:00 am Office 9:30 am Pantry 7 pm Choir Alexandria	10 9:00 am Office 1:00 pm Bible Study St. John Elwood	11 10:00 am Warehouse open shopping only
12 9:30 am S.S. & B.C. 10:30 am Worship	13 9:00 am Office 9:30 am Pantry	14 9:00 am Office	15 9 am Office 4:30 pm Warehouse open	16 9:00 am Office 9:30 am Pantry 7 pm Choir Alexandria	17 9:00 am Office 1:00 pm Bible Study St. John Elwood	18
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**Lutheran Church
of Our Blessed Savior**
309 West Washington
PO Box 206
Alexandria, IN 46001

Church Office
765-724-3671
Pastor Kal Rissman
Home: 765-754-7381



March Participants



ORGANIST

5 Marilyn Pierce
12 Marilyn Pierce
19 Marilyn Pierce
26 Marilyn Pierce

SOUND EQUIPMENT

5 David Shears
12 David Shears
19 David Shears
26 David Shears

LECTORS

Dr. Herb Berner
Stephanie Salazar
Becca Key-Kerr
Carol Shears

ASSISTING MINISTERS

Dick Zarse
Shon Littlefield
Emily Closser
Peggy Cox

ALTAR GUILD

Becky Howard
Susie Remington

DEACONS

Becky Howard
Donna Key-Kerr
Tina Gilman
George Bennett